

Our Imphuphu Yempilo range is specifically designed for optimal nutrition. The product is ideal for rural areas where access to healthy food and nutrients is scarce. Each product in the range has an added vitamin and mineral blend to complete a well rounded vitamin fortified product.

Please [click here](images/documents/imphuphu_yempilo.pdf "Imphuphu yempilo") to view the Imphuphu Yempilo brochure and nutritional information

The range consists of:



1. Meal For Life: Instantised Samp & Beans with added Vitamins & Minerals

Nutritional contents (per 100g):
Energy (KJ) 1708 - Protein 11,29% - Fat 2,27% - Carbohydrates 71,04%

Directions for use:
Add contents to warm, boiled water to the required consistency (1 part powder with 2 parts water) * DO NOT COOK OR USE BOILING WATER AS IT CAN DESTROY SOME OF THE VITAMINS

Cost per serving (1 bowl): R2,54

Flavours:
Breakfast - Strawberry, Chocolate or Vanilla
Lunch/Dinner - Chicken or Beef



2. Drink For Life with added Vitamins & Minerals

Nutritional contents (per 100g):
Energy (KJ) 1565 - Protein 0,89% - Fat 0,14% - Carbohydrates 46,40%

Directions for use:
If there is no fresh water available, boil the water and then allow to cool. Add 45g per 2L water. If there is fresh water available, then add directly 45g to 2L water immediately

Cost per serving (500ml): R0,33

Flavours: Passion Fruit or Orange

3. Soup For Life with added Vitamins & Minerals

Nutritional contents (per 100g):
Energy (KJ) 2013 - Protein 7,12% - Fat 7,60% - Fibre 13,25% - Carbohydrates 46,40% - Sodium 3200mg

Directions for use:
Add contents to boiled water (20g per 200ml boiled water)

Cost per serving (250ml): R0,90

Flavours: Chicken or beef

Please [click here](index.php?option=com_contact&view=contact&id=2&Itemid=57 "Contact Us") to contact us

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